

What is bullying?

Bullying

Bullying is a repeated, negative, intentional behaviour. Bullying is never okay and you **MUST** tell an adult if you see it happening.

Bullying can be:

- **Verbal**
- **Indirect**
- **Physical**



Consent

Our bodies belong to us. It is our right to decide who is allowed to touch our body and who is not. We should always ask before we touch someone, this is called getting consent. They can say no, and we must respect that and not touch them.

Hitting, kicking and other physical bullying is not touching someone with consent. This is bad touching!



What do I know?

What is bullying? Write or draw a picture to show what you know.



Who can I tell?

If I need help I can always tell my teacher or any adult at school who will help me.

I can tell someone I trust.



We talk about Respectful Rabbit a lot this term – why do you think that is?



Key Questions:

How do our words and actions affect other people feel?

How do I ask for consent?

How do I give or refuse consent?

What is good touch and bad touch?

What if I don't feel safe?

Why is bullying not okay?

What can I do if I feel like I'm being bullied?

Who can I tell?